

Handout

Why Do People Need to Belong? Quotations

Teacher Instructions: This handout includes cards with short quotations from the reading **Why Do People Need to Belong?** Before class, make enough copies of the handout so that each student can have one quotation. It is okay if two or three students have the same quotation. Cut along the dotted lines to create quotation cards.

Why Do People Need to Belong?

Why do we seek out belonging in groups?

What can we gain and lose from belonging to a group?

The Complexity of Belonging

Hunting, gathering food, taking care of children, and seeking protection from enemies and predators

Our need for belonging affects how we feel, think, and understand the world around us.

“Belonging uncertainty”

Groups play an important role in providing us with resources, knowledge, and protection.

Groups can also create clear boundaries between those who are part of the group and those who are not.

Think about the different groups you belong to, like your family, friends, clubs, sports team, neighborhood, or religious community.

Our strong desire to be included can lead us to exclude others.

Compromising our own values

Our pursuit of belonging can come at the expense of others.