

**Handout**

**The Risk Factors of Extremism**

**Directions:** *Cut up the risk factors along the dotted lines and group them into push factors and pull factors.*

<b>Feeling isolated.</b>	<b>The promise of excitement.</b>
<b>A sense of community and a support network.</b>	<b>Feeling like they do not belong.</b>
<b>Validating or prioritising a limited idea of identity, i.e. traditional gender roles/race.</b>	<b>Being encouraged to view themselves as superior.</b>
<b>A lack of purpose or unfulfilled ambitions.</b>	<b>Feeling special or part of a wider mission.</b>
<b>Anger and frustration.</b>	<b>Having low self-esteem.</b>
<b>Using conspiracy theories to understand the world.</b>	<b>Offering inaccurate answers to grievances.</b>
<b>Confusion about life and/or the world.</b>	<b>Promoting an 'us vs them' mentality.</b>
<b>Getting 'justice' through hatred and violence.</b>	<b>Blaming specific communities for grievances.</b>
<b>A sense of injustice.</b>	<b>Real or perceived grievances.</b>